

# COMMUNITY SUPPORTED AGRICULTURE

## COMMUNITY SUPPORTED ... WHAT?



### Community Supported Agriculture (CSA)

is a direct to farm relationship. Consumers form a relationship with a certain farm and each week, they get a box of fresh, local produce that can be enjoyed throughout the season! These are mostly comprised of produce but can also include fruits, eggs, dairy, or meats.

## WHY PURCHASE A SHARE?

### A Million Reasons but here's a few:



Support our farmers and build community. Farmers receive direct payment and allows farmers to spend less on marketing and more on their product. Plus, you get to know the source of your food.

Strengthen our local economy. CSA's allow you to work with a farm directly, eliminating grocery stores lowers costs for everyone!

Higher quality food. Simple as that. It's fresher, it's local, and it's just plain better.

## CSA'S AT WORK



### Pick a farm and create a sign up!

It's as easy as that. Pick a farm and create a sign up for those around the office who want delicious, local produce delivered right to their workplace! Farms involved in CSA's want to work with your organization to grow. It may just be the world's biggest win-win.

## WHERE TO START?

### West Michigan Growers Group



This is where we recommend all interested organizations going to figure out which farm works best for you! Head to [wmgrowersgroup.com](http://wmgrowersgroup.com) for more information! They also have tons of fantastic vegetable recipes to check out as well.

*CSA's are national so if you aren't in West Michigan, look up your local growers group!*